

Get Started with Coala®



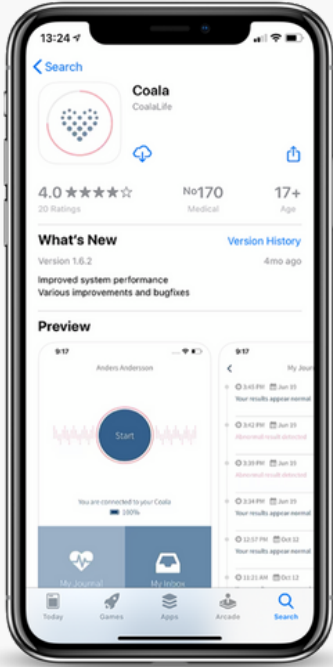
 COALA®



NOTE!

Before you take a measurement with Coala, sit down and relax for a few minutes for best results. Be careful to keep the Coala stable, be completely still and do not talk during the measurement.

Downloading the Coala App

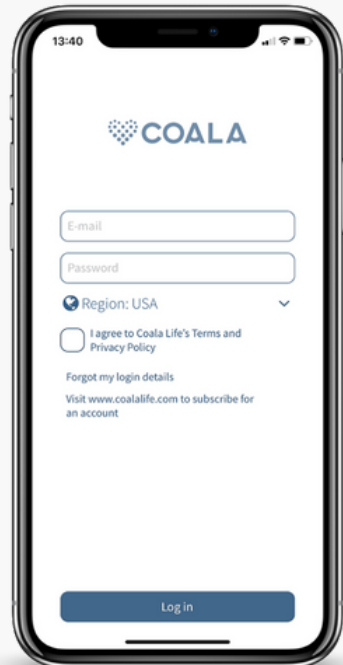


1. Download App

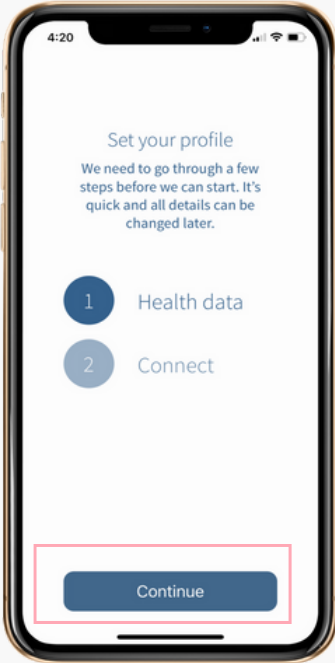
- > Download Coala app from App Store or Google Play . > Search for "Coala"

2. Log into Coala App

- > Log in with email and password provided by physician
- > Select the checkbox to agree to terms and conditions
- > Select "Log In"
- > **Log in details located on the back page of this booklet**



Set up Health Profile

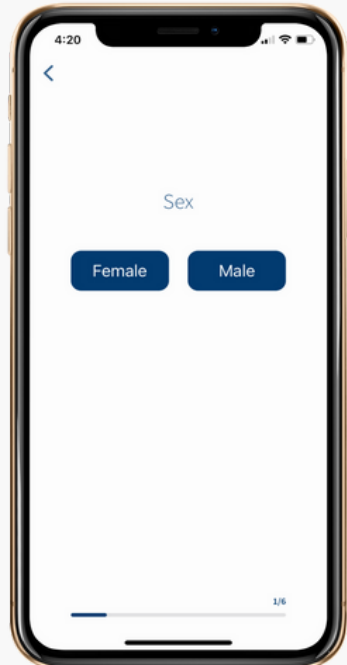


Select an Answer

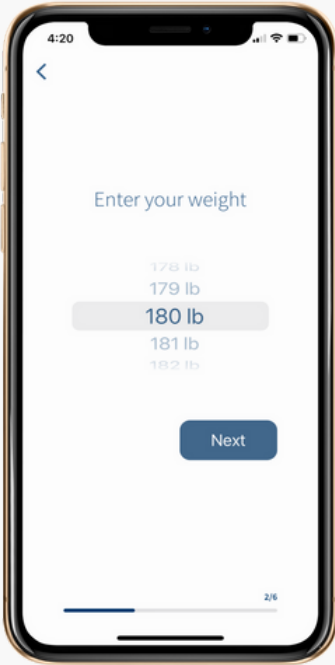
> Female or Male

3. Set up Health Data Profile

> Select "continue" to set health data profile



Set up Health Profile

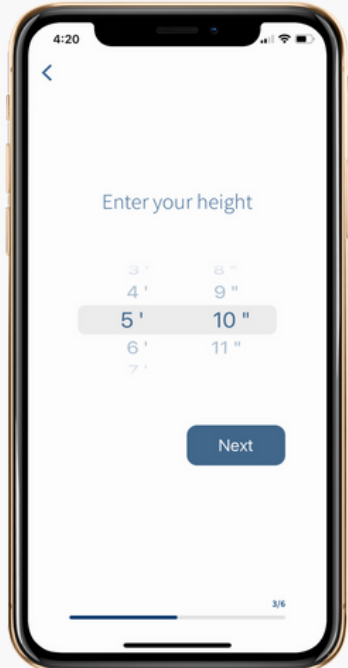


Enter your Weight

> Scroll through the options and select correct weight > Select "Next"

Enter your Height

> Select your height by scrolling through the options
> Select "Next"



Set up Health Profile

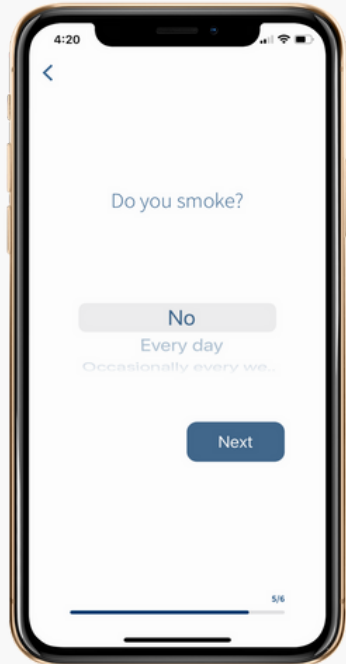


Select "No"

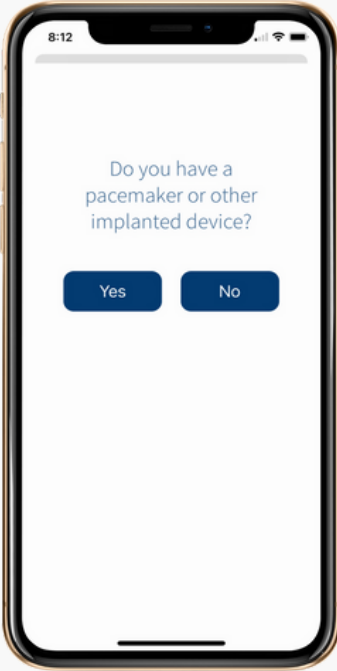
> Select "No." Your physician has your medication information

Select an answer

> Select an option for smoking >
Select "Next"



Set up Health Profile

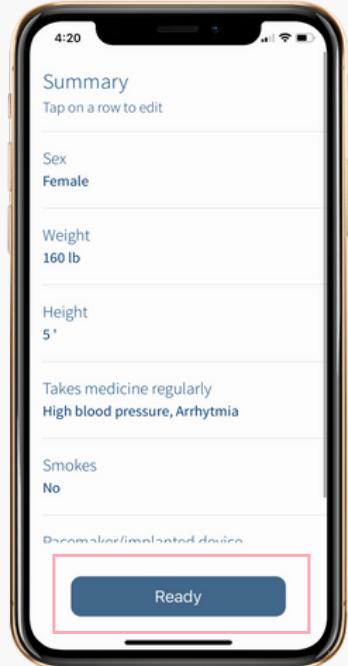


Select an Answer

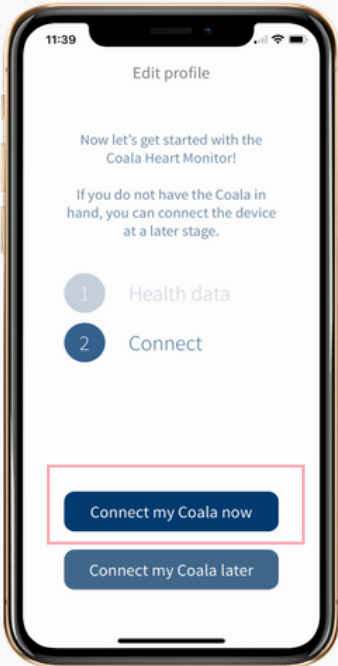
- > Select "Yes" or "No" if you have a pacemaker or other implanted device
- > *Coala should not be used with a pacemaker

Health Profile Summary

- > If the summary is correct, select "Ready"



Pairing the Coala®



4. Pairing the Coala

> Select "Connect my Coala now"

Turn on the Coala

> Press the power button
> The green light should turn on and be flashing 3 times rapidly in pairing mode



Pairing the Coala®

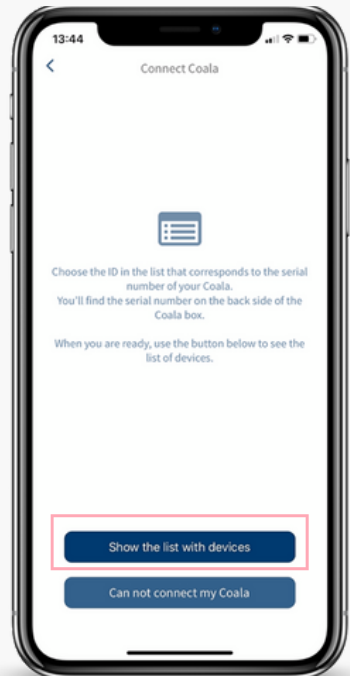


Connect Coala

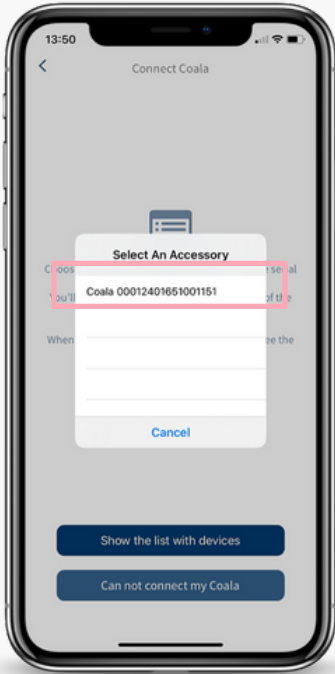
> Select "My Coala is powered on"

Connect Coala

> Select "Show the list with devices"



Pairing the Coala®



Connect Coala

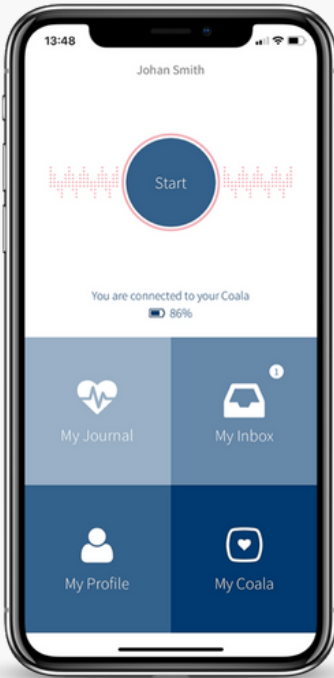
- > It can take up to a minute for the Coala to appear
- > Select the serial number that appears
- > If Coala number is not shown, go to the Bluetooth menu in phone settings and select Coala from that screen

Connect Coala

- > Once the Coala has paired to your phone, select "finish"
- > This will take you back to the home page



Coala App Home Page



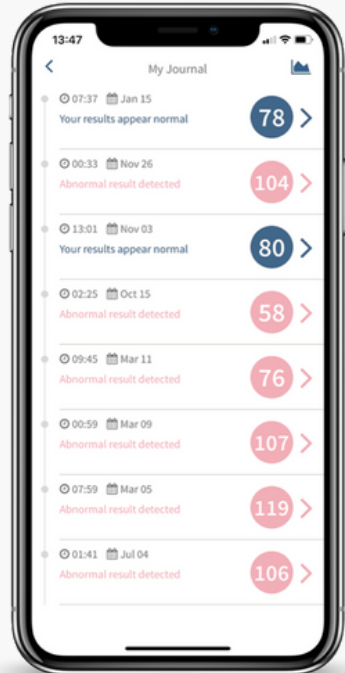
> Coala is connected when the blue circle appears. Press "Start" to start measurement

> My Inbox: shows messages the physician has sent from the Coala Care Portal to the patient

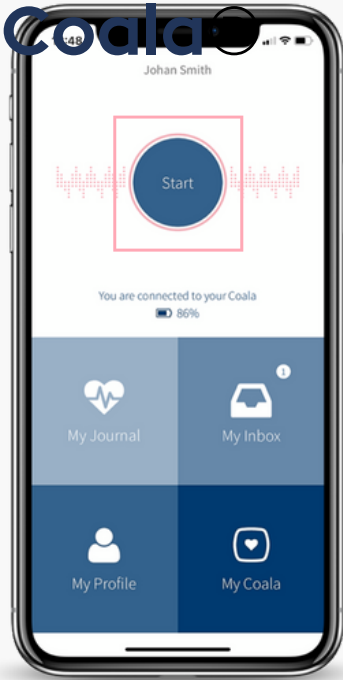
> My Coala: shows device information and settings

> My Profile: patient information entered into the app

> My Journal: shows all previous recordings taken



Perform a Measurement with

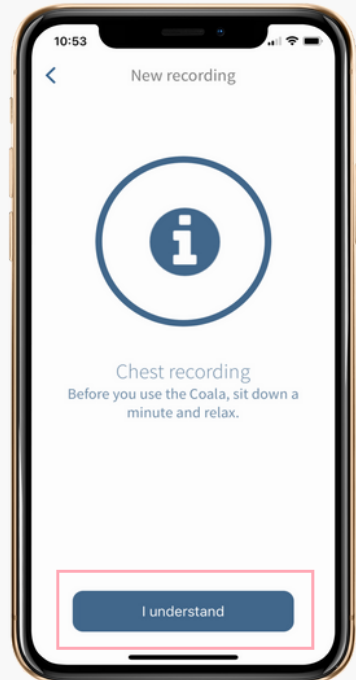


5. Starting a recording

> Press the "Start" button

New Recording

- > Before starting the recording, sit down a minute and relax
- > Follow the instructions and press "I understand"



Chest Recording

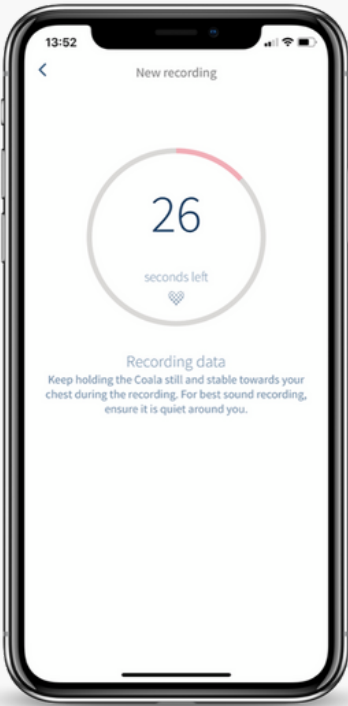


6. Chest Recording

- > Hold Coala firmly against your chest as indicated in the picture.
- > Press the Heart button on Coala to start recording.
- > Stay quiet during chest recording



Chest Recording

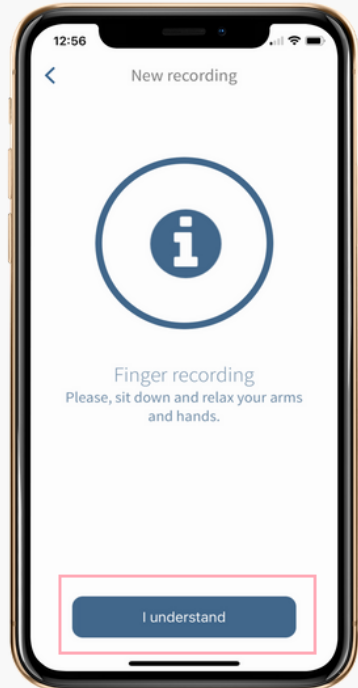


New Recording

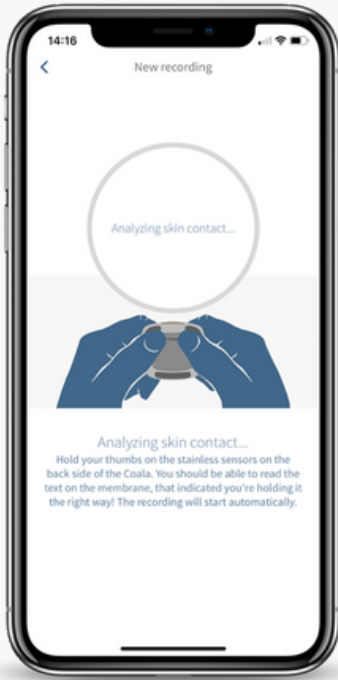
- > The Coala records for 30 seconds
- > Relax, breathe normally and avoid talking
- > When the countdown hits 0 seconds, remove the Coala from your chest

Finger Recording

- > Continue to sit down and relax your arms and hands >
- Select "I understand"



Finger Recording

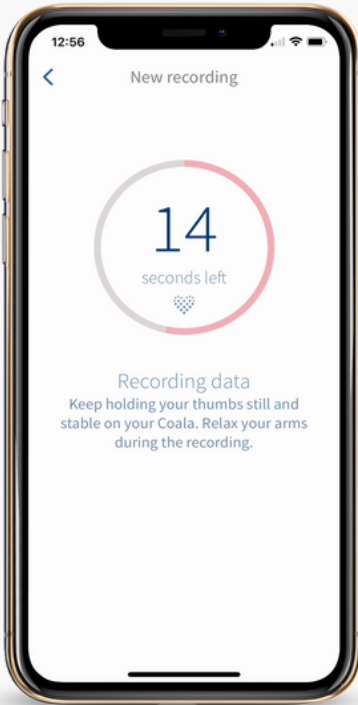


7. Finger Recording

- > Press your thumbs firmly but gently on the 2 upper electrodes.
- > You should be able to read the writing on the membrane, to ensure you are holding it the right way.
- > For best results, relax forearms on a table or on your legs.



Finger Recording

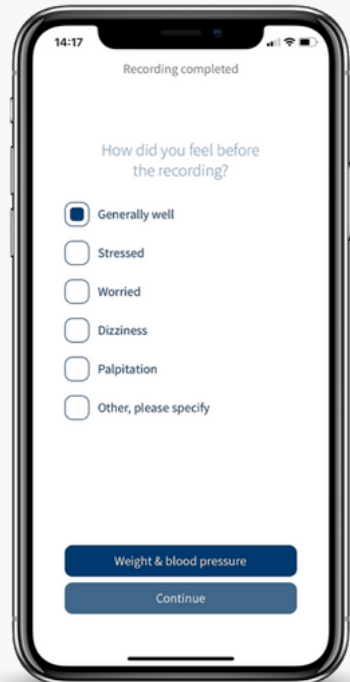


Finger Recording

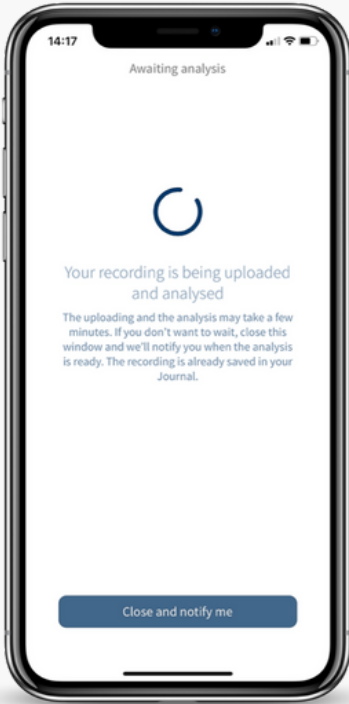
- > The Coala records for 30 seconds
- > Relax, breathe normally and avoid moving your hands
- > When the countdown hits 0 seconds, set the Coala aside as the recording is finished

8. Recording Completed

- > Select an option for how you were feeling before the recording
- > Select "Other" to type in other information
- > There is an option to add weight and blood pressure if using a blood pressure cuff or scale
- > Select "continue"



Recording Results



9. Recording Uploading

- > Your recording is now sent to the Coala Care Portal for analysis
- > Ensure you have sufficient internet access. If not, the recording will be resent once there is internet connection
- > **Results are automatically sent to your doctor**



Recording Results



10. Recording Results - Normal

- > Results will appear on the screen when the upload is complete
- > Blue circle recordings: normal sinus rhythms

Recording Results - abnormal

- > Pink circle: AFib or other arrhythmias.
- > If the circle is pink, take a second recording



Charging the Coala®



Charging the Coala

- > Place Coala in the charger
- > The Coala will blink blue while charging
- > It will take 1-2 hours for the Coala to fully charge

- > When taken out of the charger, the Coala will be on and blinking green



Important Information

Login Information

email:

password:

Healthcare Provider

For technical questions and product support, please contact Coala Life's customer service at info.us@coalalife.com or call (888) 579 - 4441.

For medical questions and advice, always contact your healthcare provider.



Coala Life Inc 33300 Egypt Ln. Building I, Suite 300, Magnolia, TX 77354, USA. Phone: 888-574-4441 www.coalalife.com