Coala Care Manual





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1. Product Description

Coala Care Portal is a part of the Coala Heart Monitor system from Coala Life AB. Coala Care Portal is a standalone web-based software for Portal users to review ECG and heart sound measurements. The measurements are recorded with the Coala device and stored in Coala Care Portal using a compatible smartphone running the Coala App.

NOTE! The Coala Care Portal is not a regulated Electronic Health Record.

2. Clinical benefits

The Coala Heart Monitor enables recording of (i) electrocardiogram (ECG) to aid the detection of rhythm deviations including Atrial Fibrillation and (ii) sound for assessment of heart and lung activity.

3. Intended use

The Coala Heart Monitor is intended for self-testing by patients to record, store, transfer and display surface ECG and sound to aid the detection of heart and respiratory conditions. The Coala Heart Monitor is intended for use by healthcare professionals, individuals with known or suspected heart conditions and health conscious individuals.

The Coala Heart Monitor is not intended for use for vital monitoring as in intensive care.

4. Contraindications

There are no known contraindications for Coala Heart Monitor

5. Cautions

- Not to be used with a pacemaker. If the Coala is used with a pacemaker, pacing pulses
 may be detected and counted by the heart rate display but may not be displayed in the
 ECG graphs.
- ECG-filters may distort baseline properties and high frequency response of the ECG signal. The full signal without filters is available for Portal users in the Coala Care Portal. Signal amplitudes for the chest ECG measurement are typically lower (0.1 to 0.4 mV) than on conventional chest leads due to close electrode spacing on the Coala. Chest signal morphology is also affected by positioning of the Coala on the chest and may not resemble conventional chest leads.
- Maximum T-wave amplitude is 1.5 times the QRS amplitude for correct display of heart rate.
- Treatment or diagnosis shall not be based on weight or blood pressure parameters alone
- For Coala device specific cautions see Instructions for use Coala Heart Monitor.

6. Compatibility

The Coala Care Portal software is compatible with Internet Explorer 11 or higher.

NOTE! The Coala Care Portal is not compatible with tablets as this may offset scaling when reviewing the ECG tracings.

7. Cybersecurity Measures

To avoid intrusion and leakage of personal data to unauthorized persons, lock the computer or logout from Coala Care Portal between sessions.

Contact Coala Life of any signs of malicious system behavior, suspicions of malware or system cybersecurity violations.

8. Getting Started

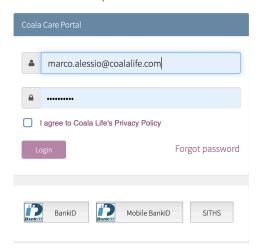
8.1 Register an account

For Healthcare professionals interested in using the Coala Heart Monitor and system, a registered user account is required. Contact Coala Life to register a user account.

NOTE! The account will require authentication through valid identification and email address.

8.2 Log in

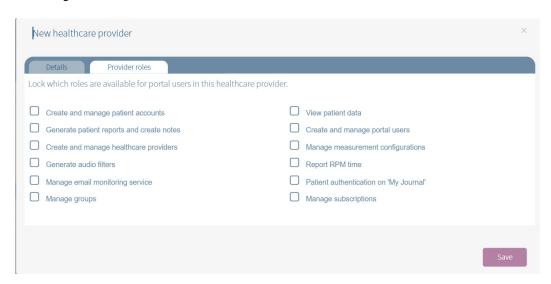
On your device: Visit <u>www.coalacare.com</u> and login using personal login details provided to you by Coala Life to start using the Coala Care Portal. Your login details will include email and a secure password.



8.3 The Healthcare provider

A clinic, organization, or healthcare provider will be set up as a *Healthcare provider* in the Coala Care Portal. The Healthcare provider will contain all of the recorded measurement data and general health information registered by patients and portal users using the Coala App and Coala Care Portal connected to the Healthcare provider.

8.4 System roles



Roles will be assigned when the Healthcare provider is created.

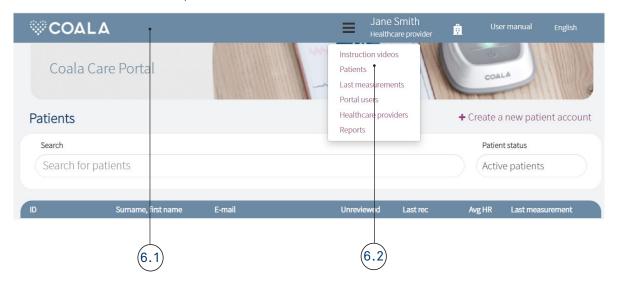
The roles are inherited through a healthcare provider to a portal user. It means that a portal user can only have permissions that its healthcare provider has.

In the portal: hover over the role name for explanation of the role.

9. Coala Care Portal menu

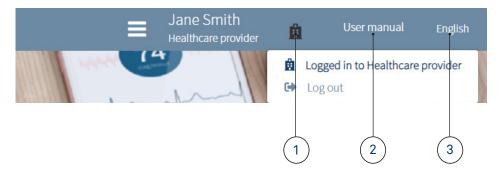
A portal user has access to the pages shown in the header menu. *Patients* and *Portal users* is where patients and portal users within the same healthcare provider are listed and where new accounts are created.

The portal username is visible in the header (*Jane Smith*) and the healthcare provider it is connected to (*Healthcare provider*).



9.1 Top-bar

The menu and top-bar section are available, at all times when logged into Coala Care Portal and provides the portal users with specific options according to the user admin rights. The top-bar also provides links to the Coala Life website for instruction for use and support. The Coala logo will bring you back to the home *Dashboard*.



1. Log out or change healthcare provider

Click on the hospital icon to access the log out option or to change healthcare provider if connected to more than one. Remember to log out after each complete session.

A portal user can log in to other healthcare providers they are connected to under the hospital symbol. The portal user will only be able to view the patients and portal users that are connected to the chosen healthcare provider.

2. User manual

Access the latest version of the Coala Care Manual on Coala Life website.

NOTE! Select the correct user manual according to your region.

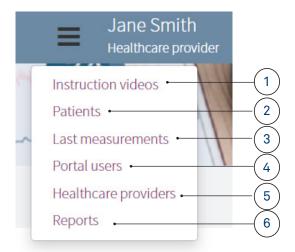
3. Language settings

Language settings (by default set according to your region at sign up). Available languages:

- English
- Swedish
- French
- Italian
- German
- Dutch

9.2 Menu

Select the menu icon to access menu options available to your current user type. For information on system roles in the Coala Care Portal, see section "5.4 System roles" on page 6. Most common accesses are as follow:



1. Instruction videos

Link to video tutorials for using the Coala Care Portal: <u>www.coalalife.com/coala-care-instructions</u>.

2. Patients

The main overview for patient administration where portal users may select or search for patients to review their profile, set up new patient accounts and request access from patients already using the Coala services. For information on this view, see chapter "9. Patients" on page 15.

3. Last measurements

The measurement overview, listing all measurements recorded by patients connected to the healthcare provider. In this view the portal users may; filter to review measurements from all patients connected to the healthcare provider.

For information on this view, see section "10. Last Measurements" on page 21.

4. Portal users

The main overview for portal user administration, where portal users can create and edit portal users accounts for the Coala Care Portal. For information on this view, see chapter "8. Portal Users" on page 12.

5. Healthcare providers

Overview for helthcare provider administration where all healthcare providers are listed together with a search function. New healthcare providers can be created, see chapter "7. Healthcare Providers" on page 10.

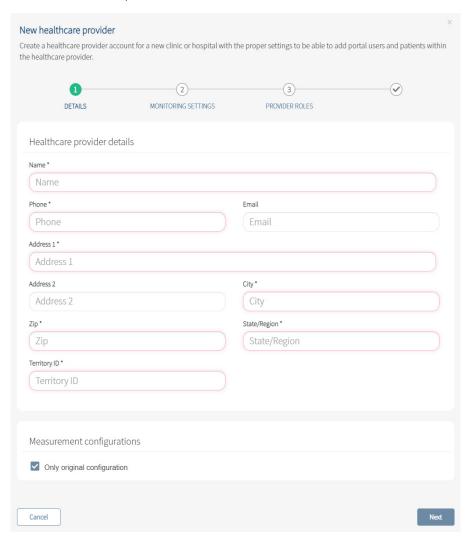
6. Reports

Overview for *Reports* that lists all generated reports for patients within the healthcare provider.

10. Healthcare Providers

10.1 Create new healthcare provider

Go to Healthcare providers in the header menu and select + Create healthcare provider.



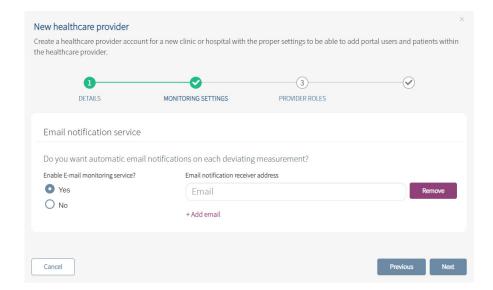
1. Details

Add information regarding the healthcare provider under the tab *Details*. Check *Only original configuration* to limit the configuration to 30 seconds chest measurement and 30 seconds thumbs measurement. No other configuration will be available.

2. Monitoring settings

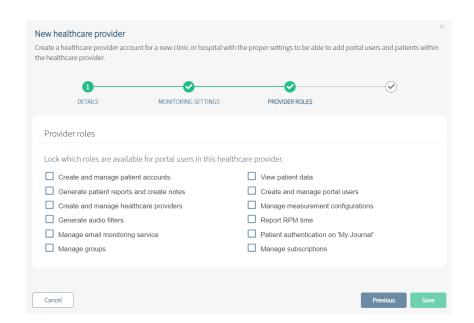
Add information regarding the monitoring settings for the healthcare provider.

Choose to enable automatic email notifications on each deviating measurement for this healthcare provider. Enter the email that shall be notified.



3. Provider roles

Choose the roles that the portal users within the healthcare provider will be able to use under the tab *Provider roles*. See section "5.4 System roles" for more information. Press *Save*.



10.2 Edit healthcare provider

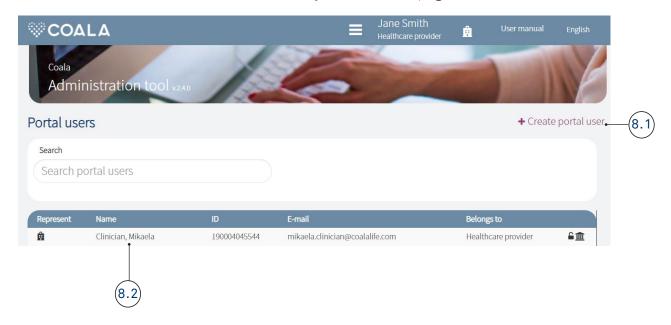
Go to *Healthcare providers* in the header menu and choose which healthcare provider to edit by clicking on it. Edit the tabs *Details*, *Monitoring settings* and *Provider roles* according to the corresponding steps in "7.1 Create new healthcare provider".



11. Portal Users

Select *Portal users* to view a list of all portal users with a Coala Care account that are connected to the same healthcare provider.

In this view the portal users can create new or edit portal user accounts, grant portal users access, or remove portal users from the healthcare provider, dependent on their system roles. Read more about roles in section "5.4 System roles" on page 6.



11.1 Create a new portal user account

Step 1

Go to Portal users in the header menu and choose + Create portal user.

Step 2

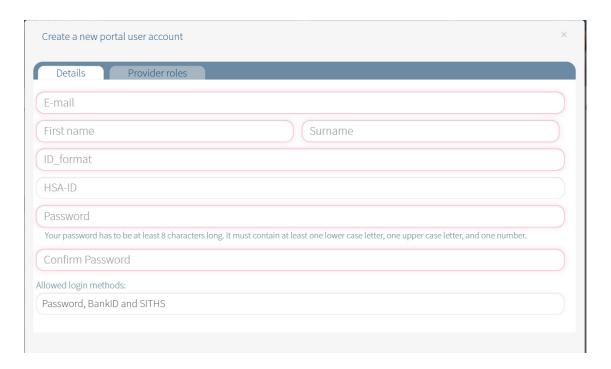
Add information regarding the portal user under the tab *Details*.

Step 3

Choose the roles that the portal user will be able to use under the tab *Provider roles*. A portal user needs at least one role. Read more about roles in section "5.4 System roles" on page 6.

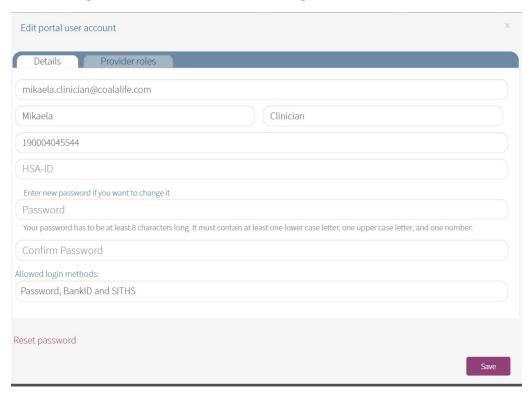
Step 4

Press Save.



11.2 Edit Portal users account

Select any portal user account in the list to edit the account. In the dialog window edit any of the following details:



Email and name

Update and press Save. The email address needs to be unique for the system.

Update password

Update and confirm the entered password.

NOTE! The password has to be at least 8 characters long. It must contain at least one lower case letter, one upper case letter, and one number.

Reset password

Select *Reset password* to issue a reset password-link to the portal user's registered email address.

Provider roles

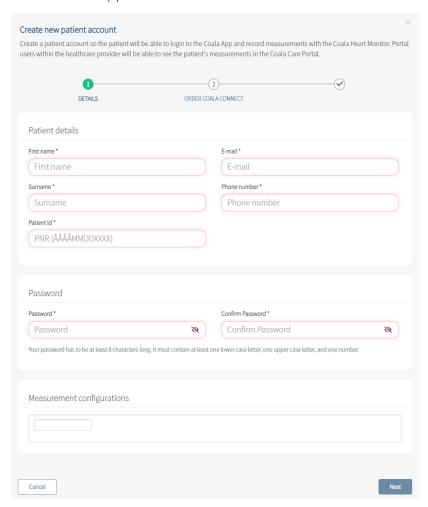
Update the portal user roles or connect the portal user to other Healthcare providers. For more information on System roles in the Coala Care Portal, see section "5.4 System roles" on page 6.

12. Patients

12.1 Create a new patient account

The patient account is intended for patients to login to the Coala App and use together with the Coala Heart Monitor to record, store and transfer measurements to the Coala Care Portal. The patient account created will by default be connected to the same healthcare provider as the portal user and listed as a patient.

In the Patient view select + Create a new patient account to create a new patient account for the Coala App.



1. Details

In the details tab, enter the correct patient information, a set password and which *Measurement configurations* to be included for the patient then click *Next*.

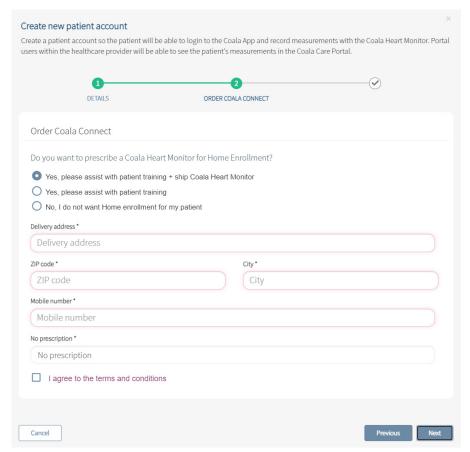
Take caution to enter a valid email. The patient will use the email and password registered here to login to the Coala App.

NOTE! The system will identify portal users already registered with the same email address and residual fields will automatically populate with the details registered for the portal users account. The password will be the same for both the patient account and the Coala Care account.



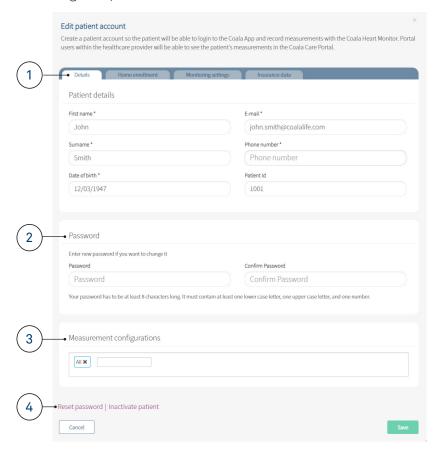
2. Order Coala Connect

Select Yes, please assist with patient training + ship Coala Heart Monitor to prescribe a Coala Heart Monitor for shipment and education of patient. Fill in the patient's contact details. Check the I agree to the terms and conditions box and click Next.



12.2 Edit patient account

Go to *Patients* in the header menu and choose which patient to edit by clicking on it and selecting *Edit patient*.



1. Edit

Edit the tabs *Details*, *Home enrollment*, *Monitoring settings* and *Insurance data* according to the corresponding steps in "9.1 Create a new patient account".

2. Change Password

Enter a new password for the patient if you want to change it and confirm by entering the password two times. Select *Save* before exit.

3. Measurement configurations

Edit the Measurement configurations for the patient.

4. Reset password, Inactive patient

Select *Reset password* to issue a reset password-link by email to the patient's registered email address.

Select *Inactivate patient* to terminate the live connection between the patient and the healthcare provider. The healthcare provider will not have access to the patient's measurement data recorded after inactivating the patient. Patients that are currently activated for measurements are listed as *Active patients* in the Patients list and patients that are Inactivated are listed as *Inactivate patients*. To activate a Coala App account again as a patient, see "9.3 Request access to list a patient already using the Coala".

12.3 Request access to list a patient already using the Coala

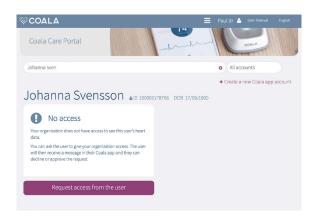
If the patient has already registered with the Coala service through any healthcare provider you have to send a request to access the patient's stored measurement data and general health information. The request must be approved by the patient in the Coala App in order for the patient to be connected to your Healthcare provider.

Step 1

Enter the patient's: full name or full email in the search bar above the Patients list. Be as specific as possible. Note that only exact matches will be displayed! Multiple matches will not be shown due to integrity reasons.

Step 2

If the patient is not connected to your Healthcare provider the system will provide you with an option to send a request to access the patient.



Step 3

Select *Request access from the patient* to submit a request to the patient in the Coala App. The patient will receive a message in the Coala App with the option to 'approve' or 'deny' the healthcare provider.

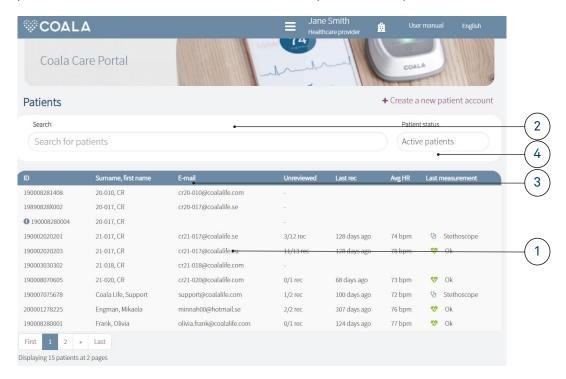
Step 4

The Portal users submitting the request will be notified by email when the patient has approved or denied the request.

12.4 Patients list

The Patients list will show an overview of all patients connected to the healthcare provider. Select a patient from the list or search for connected patients by entering; full name, patient ID or email in the search bar to display the patient's profile.

NOTE! To access patient's recorded measurement data and general health information, the patient must be connected to the Healthcare provider, see previous sections of this chapter.



1. Patient list

Patients are listed by: patient ID (if administered), surname, first name, email, fraction of unreviewed measurements, last recorded measurement, average HR (the over all average heart rate of the patients recorded measurements excluding Stethoscope measurements only) and result of the last recorded measurement.

• Click anywhere on the patient-line of interest to display the patient's profile.

2. Search patient

Patients can be looked up by patient name, email or ID#. Enter the patient's: full name or full email in the search bar above the Patients list. Be as specific as possible. Exact matches of patients is required when the healthcare provider dont have access to them. When the healthcare provider has access to a patient, writing a part of the name, email or ID will bring up suggestions of patients based on the entered text.

3. Sort patients

Click on the title of any column to sort patients by: patient ID, surname, or email.

4. Filter patients

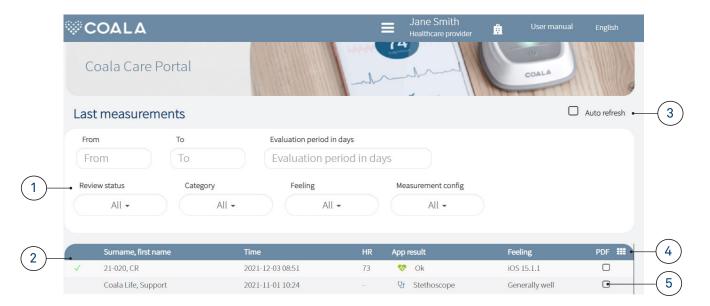
Patients may be filtered according to account status administered to the patient:

- All Accounts displays all patients connected to the Healthcare provider.
- Active Patients displays patients that are currently activated for measurements.
- Inactive Patients displays patients that have not yet been activated for measurements or that have been de-activated after a completed measurement period.
- Coala Connect Lists all patients that have been ordered an Coala Connect where Coala Life AB sends a monitor directly to the patient, see section "11.1 Patient administration" on page 24.

13. Last Measurements

In the top bar menu, select *Last measurements* to review all measurements recorded by all patients using Coala Heart Monitor and app connected to the current healthcare provider with a maximum of 20 measurements per page.

In this view the portal users may; review and filter measurements recorded by all connected patients. The portal user may select any measurement from the list to review the full details of the measurement and the result of the automated analysis.



1. Filters

Use the filters to sort the listed measurements according to:

1.1 From-To and Evaluation period in Days

Enter date ranges to filter for a specific date. Enter a specific number of days to review measurements during that time period.

1.2 Review Status

Select from the dropdown the status of measurements; Show only flagged ▶, Show only unreviewed, Show only commented. Remove filter by selecting *Uncheck all*.

1.3 Category

Select one or more categories from the drop-down list to show only results from these categories. Remove the filter by selecting *Uncheck all*.

1.4 Feeling

Select one or more *Feelings* from the drop-down list to filter measurements by *Feeling* entered by the patient in the Coala App in attachment to the measurement. Remove the filter by selecting *Uncheck all*.

1.5 Measurement configuration

Select *Measurement configurations* to filter measurements by configuration. Remove the filter by selecting *Uncheck all*.

2. Measurement List

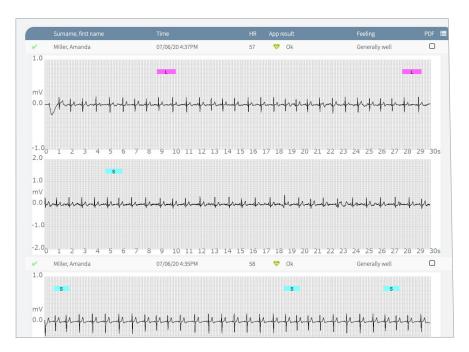
Measurements are listed in chronological order with the patient ID, name, date and time of recorded measurement, average heart rate of the measurement, app result (the combined categorization of the measurement as indicated to the patient in the Coala App) and feeling (as entered by the patient in the Coala App). Select any measurement in the list for further analysis of the Measurement screen.

3. Auto refresh

Check the box to enable automatic refresh of the measurement list, measurements will appear in the list as they are transmitted to the Coala Care Portal in real-time.

4. Quick review Thumbnails

Select the *thumbnails symbol* to display thumbnails of each ECG tracing for more efficient review. Select the symbol again to view measurements as a list.



5. Create PDF

Check the boxes in the PDF column for one or more measurements of interest and select *Create PDF* to generate a PDF file of the ECG tracings of each measurement. The name of the PDF file will be the date and time from when the PDF was generated.

14. Patient profile

CAUTION! Make sure that the patient names and emails are correct.

Select a patient from the patient overview to view the Patient profile.

In the Patient profile menu the portal users may review all data registered through the Coala services by the current patient; all measurements recorded, general health information entered by the patient in the Coala App, and account status as well as details entered on behalf of the patient by a Healthcare provider.

In the Patient profile menu the portal users will also be able to access tools for patient administration and reimbursement reporting.

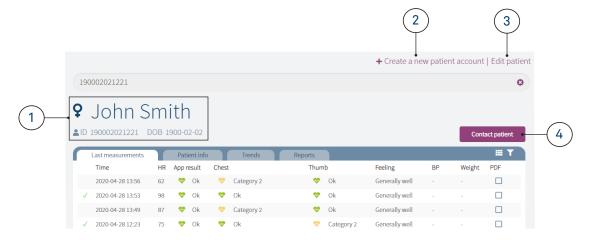
Select 'X' in the search bar or select *Patients* in the menu to exit the current patient profile and return to the patient overview.



14.1 Patient administration

CAUTION! Make sure that the patient names and ID:s are correct.

In the top section of the patient profile the portal users may access tools for patient administration and reimbursement reporting.



1. Patient details

Shows the patient's personal details: full name, patient ID and date of birth.

2. Create a new patient account

Select + Create a new patient account to create a new Coala App account for another patient. For information on creating a new patient account for the Coala App, see chapter: "9.1 Create a new patient account".

3. Edit patient

Select *Edit patient* to edit the patient's information, see chapter"9.2 Edit patient account" for more information.

4. Contact patient

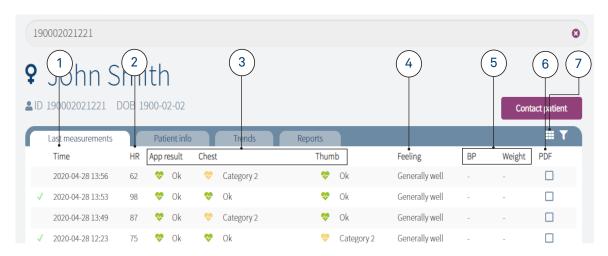
Select *Contact patient* to find the patient's contact information and be able to send a message to the patient. The message will appear in the inbox of the Coala App on the patient's smartphone. Messages sent to the patient may be reviewed under *Patient info*.

CAUTION! Use this message function for non-critical information only. NOTE! The patient cannot reply to sent messages.

14.2 Patient measurements

Selec the tab *Last measurements* in the Patient profile to view the patient's recorded measurements.

In the Last measurements view the portal users may review all measurements recorded by the current patient using the Coala Heart Monitor and app with a maximum of 10 measurements per page, apply filters to the list and select any measurement from the list to review the full details of the measurement and the automated analysis.



1. Measurement list

Measurements are listed in chronological order with a maximum of 10 measurements per page. Select any measurement of interest to analyze the measurement in detail. For information on the detailed analysis of the measurement, see chapter "13. Review patient ECG" on page 34.

2. HR - heart rate

Shows the average heart rate of the measurement as a whole as returned to the patient in the Coala App in BPM.

3. App result, Chest- and Thumb -result

App result - the combined categorization of both the chest and thumb recording indicative of the measurement as a whole. This is also the result indicated to the patient in the Coala App. For information on the individual versus the combined result, see chapter "14. ECG Categorization" on page 42.

4. Feeling

Shows the *Feeling* entered by the patient in the Coala App in attachment to the recorded measurement to describe his/her state of health during the measurement. This field can also contain free text entered by the patient in the Coala App.

5. Blood Pressure and Weight

Values for blood pressure and weight if the patient manually entered values into the Coala App after taking their measurement.

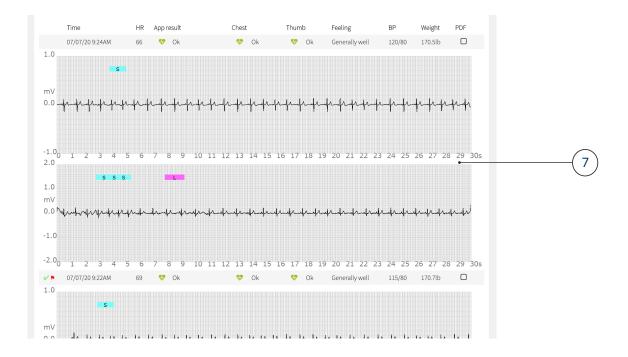
6. Create PDF

Tick the check boxes of one or more measurements in the PDF column and select *Create PDF* to generate a PDF file from one or more measurements. The name of the PDF file will contain patient name, patient ID, date and time of generated PDF.

NOTE! The option Create PDF will only be visible when one or more measurements have been selected.

7. Quick review Thumbnails

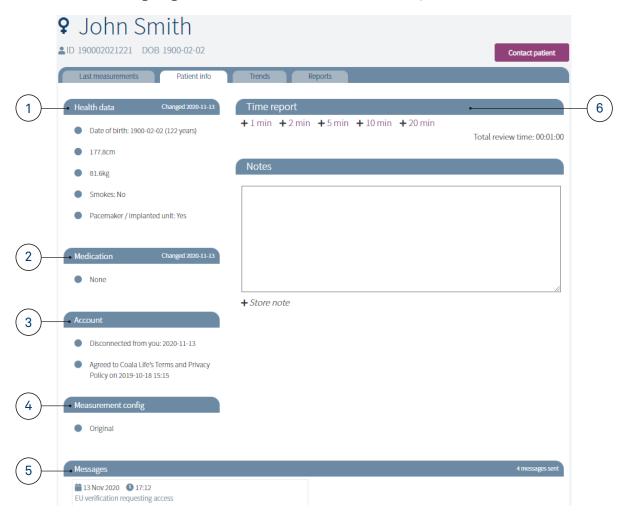
Select the *Quick review thumbnails* symbol to display thumbnail plots of the thumb and chest ECG recordings for all entries in the measurement list. Select the symbol again to hide the thumbnails. For a deeper analysis of any measurement's recordings, select the applicable measurement to open the Measurement screen.



14.3 Patient Info

Selec the tab: Patient Info in the patient profile to view general patient info.

In the *Info* view the portal users may review the patient's general health information, account status, sent messages, general notes and notes attached to specific measurements.



1. Health data

Shows general health information entered by the patient in the Coala App including; date of birth, age, height, weight, smoking habits, and pacemaker/implanted unit status.

2. Medication

Shows regularly taken medications, as entered by the patient in the Coala App.

3. Account

Shows date and time when the patient logged in to the Coala app for the first time and accepted the Coala terms and conditions.

4. Measurement configuration

Original configuration is default and contain a 30 sec. chest ECG- and phono measurement plus a 30 sec. thumb measurement.

5. Sent messages

Shows all messages sent to the patient using the Coala App.

6. Time report

Time report for the patient. Add to the total review time by clicking on + 1 min, + 2 min, + 5 min, + 10 min, or + 20 min.

7. Store notes

To attach a general note to the patient's profile, enter the note in the text-box and select +Store note. Stored notes are listed below the text-box together with specific notes attached to measurements recorded by the patient. Specific notes attached to measurements will provide a link to the specific measurement: Show measurement. For instructions on how to attach a note to a specific measurement see chapter "13. Review patient ECG" on page 34.

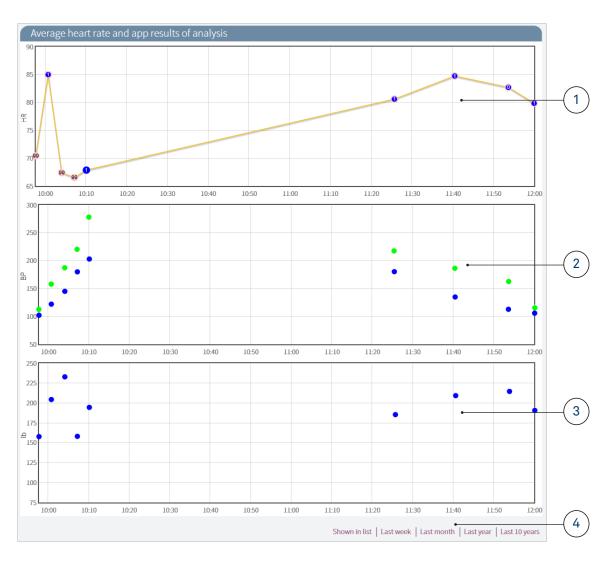
14.4 Patient trends

Select the tab: *Trends* in the Patient profile to review trends in the patient's recorded measurement data.

In the Trends view, the portal users may review the patients recorded data plotted as trends in three sections. The first section will display a plot of the patient's *App result* including: categorization, average heart rate, and *Feeling*. The second and third section will display plots of blood pressure and weight entered by the patient in attachment to the measurement respectively.

NOTE! Measurement data plotted in the Trends tab is entered in attachment to each measurement. It is not a representation of the general health information displayed in the Patient info tab of the patient profile.

CAUTION! The weights and blood pressures plotted in the graph section should not be used as a sole basis for diagnosis.



1. App result graph

The first graph will plot the average heart rates of the patients recorded measurements. The configuration of the plotted data points are also indicative of:

- Pink center and a pink border indicates the detection of a measurement anomaly and that the *Feeling* entered by the patient is anything other than *Generally well*. The categorization indicated as the *App result* is shown by the number.
- 1 Blue center and a blue border indicates a normal *App result* and that the *Feeling* entered by the patient is *Generally well*. The number indicated as the *App result* will be category 1.
- 1 Blue center with a pink border indicates a normal categorization result, and that the *Feeling* entered by the patient is anything other than *Generally well*. The number indicated as the *App result* will be category 1.

2. Blood pressure graph

The second graph will plot the systolic (green) and diastolic (blue) blood pressure entered in by the patient in Coala App in attachment to the measurement. This entry is optional to the patient in the Coala App and will only be plotted when entered.

3. Weight graph

The third graph will plot weights in pounds as entered in by the patient in Coala App in attachment to the measurement. This entry is optional to the patient in the Coala App and will only be plotted when entered.

4. Filter measurements

Select one of the options; *Shown in list*, *Last week*, *Last month*, *Last year* or *Last 10 years* to filter measurements by a specific time period.

Measurements will by default be plotted as *Shown in list*. This will plot the patient's 10 most recent measurements from the Last measurements list in the patient profile with any filters intact.

15. Coala ECG Monitoring Report

15.1 Generate report

Generate a patient monitoring report by first selecting *Patients* in the top bar menu and then selecting the patient in the patient list. Download the generated report under the tab *Reports*. A number next to the tab name indicates that there is one or more monitoring reports that have not yet been downloaded. The report contains general patient information and a summary of findings.



Step 1 (optional)

Enter a date range of interest and free text in the assigned fields for: *Prescribing Portal user, Primary indications*, and *Other indications*.

Step 2 (optional)

Select *Include note attachments* to include all notes generated for the patient and select *Include ECG attachments* to display filtering options for ECG attachments. Use the filters to determine which information to include in the report, such as flagged, unreviewed or commented results, specific result categories or *Feeling* entered by the patient in attachment to the measurement.

Step 3

Select *Create ECG report* to generate the report. When the report is ready to be downloaded, the PDF icon will appear in the download line. Click on the icon to download the report in a PDF format.

NOTE! Generating the report may take several minutes. It is ok to leave the Create report screen before the report has been generated. The report is also listed in the Reports tab in the Patient profile when ready for download.

Step 4

All previously generated reports will be listed with the option to download the report again in the list below the report generator.

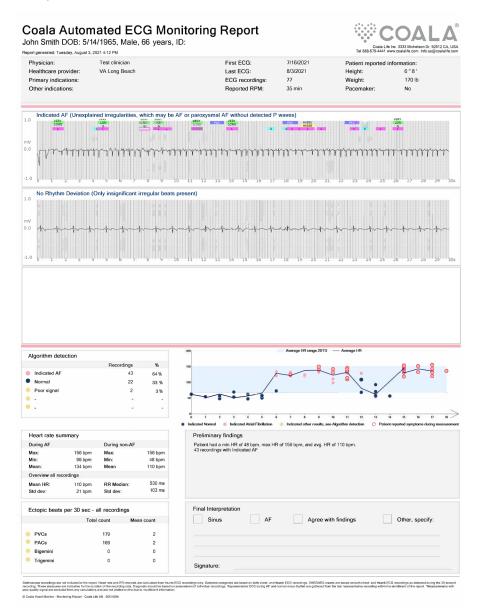
To remove previously generated reports: Tick the check boxes for one or more reports in the remove column and select *Remove selected* to remove all the reports that have been selected.

- Indicates that the monitoring report has not yet been downloaded.
- Indicates that the monitoring report has been downloaded.

15.2 Report content

The automated monitoring report includes summarized information from a patient's measurements.

Information and ECG strips regarding most frequent *Algorithm detections*, that is correlation between experienced symptoms during measurement and measurement result, *Heart rate summary* and *Ectopic beats*. The same information is also written in linear format under *Preliminary findings* and there is a section for manual input, *Final interpretation*.



15.3 Notes attachments

All notes generated for the patient, in the measurement view or patient info section, will be generated in a list as attachment to the monitoring report.



16. Review patient ECG

Select a measurement for review in the in the Patient profile or in the Last measurements view to display the measurement screen. The measurement screen will show the complete details of each recorded ECG and/or stethoscope part included in the measurement and the complete details of the automated analysis.

In the measurement screen the portal users may review the recorded parts of the measurement in detail, using the tabs.

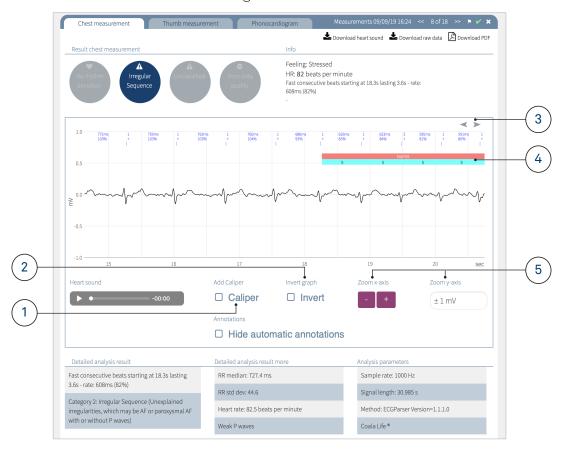
- Chest measurement
- Thumb measurement
- Phonocardiogram

To exit the measurement screen: Select 'X' in the upper right corner and return to the previous page.



16.1 The ECG Graph

The ECG graph will plot the ECG tracing for each part with default scale ± 1 mV for chest ECG tracings and ± 2 mV for thumb ECG tracings and provide the portal users with tools for detailed review of the ECG recording.



1. Add caliper

Tick the check box *Caliper* to add a digital caliper to the ECG graph. Click on the graph once to add a starting point to the caliper, click again to add an end point. The caliper will present the total time between the two points selected (in milliseconds). Move the caliper along the X-axis of the ECG graph. Click again to lock the caliper in place.

Deselect the box to remove the caliper.

2. Invert graph

Tick the check box *Invert* to invert ECG in graph. Deselect the box to remove inversion.

3. Pan ECG graph

Pan by clicking the double arrows in the upper right corner of the graph.

4. Annotations and markers

The automated analysis will annotate the ECG recoding with markers based on anomalies detected in the signal to aid the portal users in screening and detection of anomalies.

To disable automatic annotations in the ECG graph select *Hide automatic annotations*.

NOTE! If annotations are disabled these will not be included in the downloaded measurement PDF file.

Annotation	Meaning	Description
S	Short beat	Shorter R-R interval than other beats.
L	Long beat	Longer R-R interval than other beats.
VERY LONG	Very long beat	Much longer R-R interval than other beats.
AVBII/MISSING	AV-block/missed beat	AV-block type II or completely missed beat.
SVES	SVES/PAC	Supra-ventricular extra beat.
VES	VES/PVC	Ventricular extra beat.
SLOWER	Slower	Sudden slower series of beats than the rest.
FASTER	Faster	Sudden faster series of beats than the rest.
BIGE	Bigemini	Twin rhythm
TRIGE-S	Trigemini	Triplet rhythm
TRIGE-L	Trigemini	Triplet rhythm

5. Zoom

X-axis - Select: '+' or '-' buttons to zoom on the X-axis.

Y-axis - Select: the ±mV setting (full scale) to zoom on the Y-axis.

NOTE! The scalings set for the Y-axis in the ECG graph will be used for the downloaded measurement PDF file.

16.2 Chest measurements

Select the *Chest Measurement* tab in the measurement screen to view the ECG tracing and the detailed analysis of the chest ECG recording.

In this view the Portal users may access all the same information and tools available in the Thumb measurement view with the addition of options for reviewing the sound recording of the chest measurement.



1. Attach notes to the measurement

To attach a note to the specific measurement: enter note in the text-box and select +Store note to save the note. Notes attached to specific measurements will be listed with a link to the measurement in the Patient Info tab in the patient profile with a link to the measurement screen. Click the link Show measurement to display the measurement screen.

2. Detailed analysis results and Analysis parameters

The detailed analysis includes the following information:

- Rythm deviations
- RR median
- RR std dev
- Heart rate
- P Waves

The Analysis paramets lists the:

- Sample rate
- Signal length
- Measurement method
- Serial number of the Coala product

3. Playback heart sound

Select the play-icon for auscultation of the synchronously recorded heart sound of the chest ECG part. The heart sound recorded can be used to assess the mechanical functionality of the heart. It is strongly advised to use high quality headphones or speaker connected to computer for best audio quality.

4. ECG analysis

Shows the detailed results of the ECG analysis, incuding:

- Heartbeat QRS marker (+), beats that are included in the beat analysis
- (I) all identified beats (including possible noise)
- Beat classification based on morphology
- RR interval (in milliseconds and percentage deviation from average)
- Time marker in seconds (x-axis)
- Voltage marker in mV (y-xis).

5. Result group

Indicates the suggested *Result group* of the recording based on the categorization made by the automated analysis. For information on the categorizations see chapter "14. ECG Categorization" on page 42.



Indicates No Rythm Deviation. Category 1.



Indicates Irregular Sequence. Category 2.



Indicates *Unclassified*. Category 3 - 12.



Indicates *Poor Data Quality*. Poor quality recording, not possible to categorize.

6. Send message

Select *Send message* to send a message to the patient in the Coala App. The message will appear in the inbox of the Coala App on the patient's smartphone. Previously sent messages can be found under *Messages* in the *Info* tab in the patient profile view. Note that the patient cannot reply to sent messages.

CAUTION! Use this message function for non-critical information only.

7. Flag the measurement

To flag the measurement, click on the flag icon in the upper right corner of the measurement screen. Flagged measurements are marked with a red flag

in the patient profile and Last measurements view.

Un-mark by re-clicking the flag icon.

8. Reviewed measurement

Once a measurement has been read, the measurement will automatically be marked with a green check \checkmark in the upper right corner. Reviewed measurements are marked with a green check \checkmark in the Patient profile and Last measurements view. Un-mark the measurement as reviewed by clicking on the green check icon in the top right corner of the measurement screen.

9. Download PDF

Select *Create PDF* to download a PDF file containing both the thumb and chest recording of the current measurement for print, filing of manual interpretation. The PDF will use fix 25mm/s scaling for x-axis and current settings for y-axis for the ECG tracing. The pdf will be saved as: "{patient name}_{ID}_{date}_{time}".

Ensure your printer settings are set to Letter landscape before printing in order to achieve 25 mm/s.

10. Download raw data

Select *Download raw data* to download raw data for analysis in an external program. The sampled raw data of the ECG tracing will be expressed in mV with sample rate 1000 Hz.

11. Download heart sound

Select: *Download heart sound* to download the heart sound in digital waveform format (.wav) to a computer for archiving or analysis in an external program.

12. Info

Shows a short summary of the automated analysis, *Feeling* entered by patient in the Coala App in attachment to the measurement and the average heart rate of the thumb ECG recording.

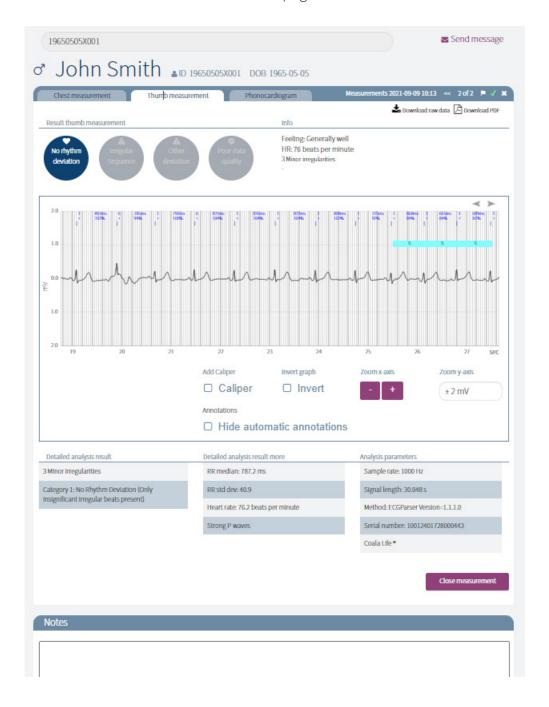
13. Close measurement

Click ${\it Close\ measurement}$ or 'X' in the upper right corner of the measurement to return to the previous view.

16.3 Thumb measurement

Select the *Thumb measurement* tab to view the ECG tracing and detailed analysis of the thumb ECG recording.

In the Thumb measurement view the portal users may review the thumb ECG tracing with the assistance of the automated ECG analysis, download the raw sample data for review in an external program, or create a PDF file from the measurement for print or filing, see section "13.2 Chest measurements" on page 37 for information on these features.

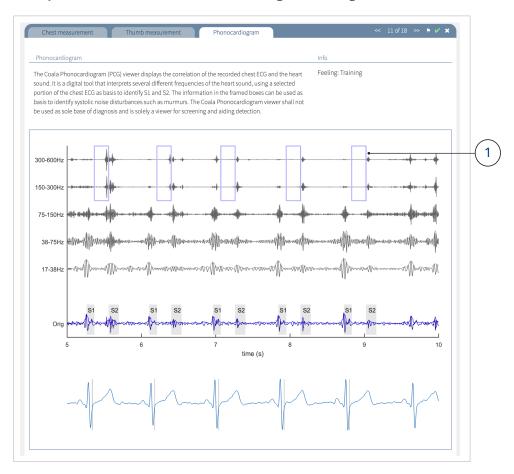


16.4 Phonocardiogram

Select the *Phonocardiogram* tab in the measurement screen to view the phonocardiogram analysis of the synchronized chest ECG and heart sound recording.

The Coala phonocardiogram (PCG) viewer will display the correlation of the recorded chest ECG and heart sound signal. The Phonocardiogram is a digital tool that interprets several different frequencies of the heart sound using a selected portion of the chest ECG as basis to identify S1 and S2.

NOTE! The Coala Phonocardiogram viewer shall not be used as sole base of diagnosis and is only intended as a viewer for screening and aiding detection.



1. The framed boxes

The framed boxes can be used to identify systolic noise disturbances such as murmurs.

17. ECG Categorization

Coala's automated analysis detects heart rhythm deviations based on two consecutive ECG recordings. Each measurement recording is categorized by the automated analysis into individual results as well as into a combined result on the basis of both ECG recordings.

The thumb and chest ECG recordings are categorized individually into a: "Thumb result" and a "Chest result".

The combined result of both is then categorized into an *App result*. This is the result indicated to the patient in the Coala App. The combined *App result* is categorized based on the detailed analysis of both recordings:

- If no heart rhythm deviations are detected in either of the ECG recordings the App result will indicate Category 1 "Your results appear normal".
- If heart rhythm deviations are detected in both thumb and chest ECG recordings the App result will indicate the categorization of the thumb recording.
- If heart rhythm deviations are detected in both ECG recordings and the Thumb result is Category 2, with the addition of detected p waves in either of the recordings the App result will indicate Category 12 "Irregular heart rhythm".

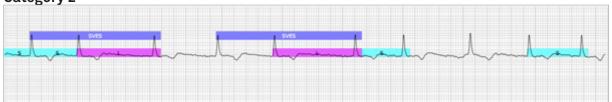
CATEGORY	DESCRIPTION
0.	Poor quality (Difficult to follow the beat sequence)
1.	Your results appear normal
2.	Coala indicates signs of atrial fibrillation
3.	Coala indicates skipped heart beats
4.	Coala indicates a fast heart rhythm
6.	Coala indicates shorter sequences of faster or slower beats
7.	Coala indicates recurring extra heart beats
8.	Coala indicates recurring extra heart beats
10.	Coala indicates recurring extra heart beats
11.	Coala indicates recurring extra heart beats
12.	Coala indicates an irregular heart rhythm

More information about ECG categorizations can be found in the app under *My Coala > Documentation > Category description*. Or visit www.coalalife.com/categories



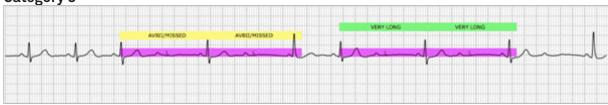
No Rhythm Deviation (Only insignificant irregular beats present).

Category 2



Irregular Sequence (Unexplained irregularities, which may be AF or paroxysmal AF with or without P waves).

Category 3



Pause/AV Block II (or beats longer than 2.2s).

Category 4



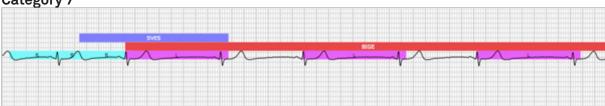
Fast Regular (RR interval shorter than 600ms in entire signal).

Category 6



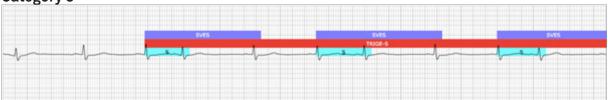
Fast/Slow Sequences (Shorter sequences of faster or slower beats).

Category 7



Bigemini (patterns with P waves detected).

Category 8



Trigemini (patterns with P waves detected).

Category 10



More than 5 SVES detected over 30 seconds (only 10 seconds in the ECG above).

Category 11



More than 5 VES detected over 30 seconds (only 10 seconds in the ECG above).

Category 12



Irregular sequence with detected P waves.

Note that the color bars in the images above are not visible in the PDF presented in the app.

18. Close and Logout

Press 'x' on tab to exit. Note that any graph settings applied to are not saved at exit. Log out after session by selecting the user account at the top bar and clicking *Log out*.

19. Explanations of Symbols





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